



BODRUM OPTIMIST TRAINING REGATTA

29 May - 3 June 2022 Bodrum – Muğla - Turkey













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ORGANISING AUTHORITY

TYF Bodrum Training Regatta Optimist races is organized by Turkish Sailing Federation on 29 May-03 June 2022 at the venue of the 2022 Optimist World Championship.

SAILING INSTRUCTIONS

1.RULES

- **1.1.** The Championship will be governed by the 'rules' as defined in The Racing Rules of Sailing (RRS).
- **1.2.**No national authority prescriptions will apply.
- 1.3. The first three sentences of RRS 61.1(a) are changed to 'A boat intending to protest shall inform the other boat at the first reasonable opportunity. When her protest will concern an incident in the racing area that she was involved in or saw she shall hail 'Protest'. She shall inform the Race Committee at the finishing line immediately after finishing of the boat/s being protested, or as soon as practicable after she retires in accordance with SI 16.1.
- **1.4.** Rule 40 and the preamble to Part 4 are changed as follows:
- **1.4.1.** The first sentence of RRS 40.1 is deleted and replaced by "Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2(a), properly secured at all times while on the water except when temporarily adding or removing clothing."
- **1.4.2.** Add to preamble of Part 4, after "racing": "except rule 40.1 as amended by Sailing Instruction 1.4.1.
- **1.5.** In all rules governing this championship, both "athlete" and "competitor" mean a person competing in the event. The term "support person" is a person as defined in RRS.
- **1.6.** In all rules governing this championship:
- **[SP]** denotes a rule for which a standard penalty may be applied by the Race Committee or Technical Committee without a hearing or a discretionary penalty applied by the International Jury with a hearing. This changes RRS 63.1, A5.1 and A5.2.





- **[NP]** denotes a rule that shall not be grounds for protests by a boat and for which the international jury may refuse to hold a hearing. This changes RRS 60.1(a).
- **[DP]** Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct.
- **1.7**. Reasonable actions by event officials to implement COVID 19 guidance, protocols, or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.
- **1.8.** English is the official language of the Championship. If there is a conflict between languages, the language of the original version of the relevant document will take precedence.

2. COMMUNICATION WITH COMPETITORS

All notices to competitors (Organization Committee, Race Committee and Jury) will be posted on TYF BODRUM OPTIMIST TRAINING REGATTA official web site (www. tyf.org.tr/TrainingRegatta) At the same time, all notices (Organization Committee, Race Committee and Jury) will be shared on WhatsApp group which is created by organization committee. Failure to share on WhatsApp group on time will not be grounds for request for redress.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- **4.1.** Signals made ashore will be displayed from the official flagpole located in front of the Race Office.
- **4.2.** [NP] [DP] Flag D displayed with one sound means: 'the warning signal will be made not less than 30 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.

5. FORMAT OF RACING

Fleet Racing

5.1. The format of the regatta will consist of a Qualifying Series followed by a Final Series.

5.2. Qualifying Series;

5.2.1. The qualifying series will take place on the first 2 racing days.





- **5.2.2.** If 4 races for all fleets of the qualifying series have not been completed by the end of the second racing day, the qualifying series will continue on subsequent fleet racing days until the end of the racing day in which a minimum of four qualifying races are completed.
- **5.2.3.** For qualifying series boats will be assigned to Yellow and Blue fleets. As nearly as possible, equal size.
- **5.2.4.** Initial assignments will be made by the race committee. For the initial assignment to fleets, boats will be sorted by alphabetical order of national letters and then by numerical order of sail number. Boats in the sorted list will be allocated to fleets according to the pattern shown in the table in SI 5.2.6.
- **5.2.5.** The initial assignment will be done on May 29 upon completion of the registration.
- **5.2.6.** [NP] Boats will be reassigned to fleets after each day of racing. However, boats will only be reassigned after the first day if all fleets have completed one race. If all fleets have completed the same number of races, boats will be reassigned on the basis of their ranks in the series. If all fleets have not completed the same number of races, the series scores for reassignment will be calculated for those races numbered in order of completion, completed by all fleets. Reassignments will be made as follows:

Rank in series	Fleet Assignment	
First	Yellow	
Second	Blue	
Third	Blue	
Fourth	Yellow	
Fifth	Yellow	
Sixth	Blue	
Seventh	Blue	
Eighth	Yellow	
And so on		

5.3. Final Series:

- **5.3.1.** The final series will take place on days 4 and 5 of racing.
- **5.3.2.** A final series will be scheduled if 4 or more qualifying series races have been completed for all fleets.
- **5.3.3.** Boats will be assigned to the Gold and Silver on the basis of their ranking in the qualifying series. Gold and Silver will have as near as possible the same number as competitors. Boats with the best ranking in the qualifying series ranks will race all final series races in the Gold Fleet (Yellow) and Silver (Blue).
- **5.3.4.** Any recalculation of the final series ranking after the boats have been assigned to final fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet.





5.4. Fleet Assignments:

- **5.4.1.** Qualifying Series: Fleet assignments will be based on the ranking available at 21:00 that day regardless of protest or request for redress not yet decided.
- **5.4.2.** Final Series: Fleet assignments will be based on the ranking of the qualifying series.
- **5.5.**Only in the qualifying series, if all fleets have not completed the same number of races by the end of a day, the fleets with fewer races will continue racing the following day until all fleets have completed the same number of races. All boats will thereafter race in the new fleets.
- **5.6.** [NP][DP]Boats shall display a coloured ribbon corresponding to the colour of her fleet, permanently fixed during the day's races and free to fly from the top of the sprit. The ribbons will be provided by the Race Office.

5.7. Team Racing

Team Race; In addition to the fleet races, the team race has also been added to the program. All details about the team race will be in the team racing instructions posted on the ONB (www.tyf.org.tr/TrainingRegatta).

6. SCHEDULE OF RACES

6.1 Schedule

29 MAY 2022 SUNDAY	09:00 - 17:00	REGISTRATION
	13:00	TEAM LEADER MEETING
	15:00	TRANING RACE
	19:00	OPENING CEREMONY
30 MAY 2022 MONDAY	12:00	TEAM LEADER
	14:00	FLEET RACES
31 MAY 2022 TUESDAY	12:00	TEAM LEADER
	14:00	FLEET RACES
	20:00	TEAMS RACE MEETING
01 JUNE 2022 WEDNESDAY	10:00	TEAM LEADER
	12:00	TEAMS RACE
02 JUNE 2022 THURSDAY	12:00	TEAM LEADER
	14:00	FLEET RACES RESERVE FOR TEAM RACE
03 JUNE 2022 FRIDAY	12:00	TEAM LEADER
	14:00	FLEET RACES
	17:00	LAST WARNING SIGNAL
	19:00	PRIZE GIVING AND CLOSING CEREMONY





- **6.2.** 10 races are scheduled with a maximum of 3 races per day.
- **6.3**. The coaches meeting will take place in the race area.
- **6.4.** To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed with one sound at least five minutes before a warning signal is displayed.
- **6.5.** No warning signal will be given after 15.00 on Friday, June 03.
- **6.6.** For the practice race on May 29, the fleets will be divided into two fleets as follows:

START	FLEETS	CLASS FLAG
1st START	Boats with an odd sail number (ending in	YELLOW
	1,3,5,7,9)	
2nd START	Boats with an even sail number (ending in	BLUE
	0,2,4,6,8)	

7. CLASS FLAGS

Class flag will be the fleet flags as follows:

7.1. The fleet flag is a flag of the colour of the corresponding fleet as per instruction 5.3.3 which means Yellow and Blue.

7.2. For Final series:

Gold fleet: Yellow Silver fleet: Blue

8. RACING AREA

Attachment 1 shows the location of the racing area.

9. THE COURSE

- **9.1** The diagram in Attachment 2 shows the course, including the approximate angles between legs and the order in which marks are to be passed.
- **9.2** Marks 1 and 2 shall be left to port. Mark 3 is a gate mark. If there is only one mark in the gate, it shall be left to port.

10. MARKS

- **10.1** Mark 1, 2, 3S and 3P will be of yellow colour dressed with sponsor logo on white banner and conic type.
- **10.2** New marks, as provided in SI 12, will be orange colour and conic type marks.
- **10.3** The starting marks will be race committee boats.
- **10.4** The finishing marks will be race committee boats.





- **10.5** Except at the gate, a race committee boat signalling change off a leg of the course is a mark as provided in SI 12.2.
- **10.6** Waiting area marks will be red colour, round marks.

11. THE START

- **11.1** The starting line will be between staffs displaying orange flags on the starting marks.
- **11.1.1** [NP] [DP] when the warning signal for the first fleet has been made, boats from other fleets shall be in the waiting area as defined in SI 11.3. Boats may approach the starting line after the starting signal of the previous fleet.
- **11.1.2** A boat starting later than 2 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- **11.2** [NP] [DP] Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- **11.3** The waiting area windward boundary will be between the red marks.
- **11.4** The starting order of the fleets will be: Yellow and Blue in all qualification races Gold and Silver for all final races.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- **12.1** To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- **12.2** Except at a gate, boats shall pass between the race committee boat signalling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RRS 28.1.

13. FINISH

The finish line will be between staffs displaying blue flags on the finishing marks.

14. PENALTY SYSTEM

- **14.1** [NP] A boat that has taken a penalty or retired according to RRS 44.1 shall complete an acknowledgement form at the race office within the protest time limit. 14.2 The penalty for breaches of Class Rules will be Standard Penalties (SP) which may be less than disqualification.
- **14.2** Appendix P will apply.

15. TIME LIMITS AND TARGET TIMES

15.1 Time limits and target times are as follows:

TIME LIMIT	MARKS 1 TIME LIMIT	TARGET TIME	FINISH WINDOW
90 min	30 min	50 min	20 min





- **15.2** If no boat has passed Mark 1 within the Mark 1 time limit the race shall be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- **15.3** Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

16 HEARING REQUESTS

- **16.1.** To inform the Race Committee of the boat/s being protested, the boat intending to protest shall approach the race committee boat at the starboard end of the finishing line immediately after finishing and shall hail the protested boat's sail number/s while sailing along her starboard side and asking confirmation.
- **16.2.** Hearing Request forms are available online at https://www.racingrulesofsailing. org/protests/new?event_id=3702 and also at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit. If the online system is not operational, contact the Race Office to receive permission to lodge the request via email (This changes RRS 61.2, 62.2 and 66.).
- **16.3** The protest time limit is 45 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- **16.4** Notices will be posted ONB within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in Protest Hearing Room located at the Bodrum Sailing Club.
- **16.5** Notices of protests by the race committee, technical committee or international jury will be posted to inform boats under RRS 61.1(b).
- **16.6.** A list of boats that under SI 14.2 have been penalized for breaking RRS 42 will be posted.
- **16.7.** For the purpose of measurement protests as per RRS 61.3(b), the 'authority responsible' is the championship's technical committee representative.
- **16.8.** On the last scheduled day of the qualifying series a request for reopening a hearing shall be delivered:
- **16.8.1** within the protest time limit if the requesting party was informed of the decision on the previous day;
- **16.8.2** no later than 30 minutes after the requesting party was informed of the decision on on that day. This changes RRS 66.2.
- **16.9.** On the last scheduled day of the final series or the qualification series, a request for redress based on a protest decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2(a).
- **16.10.** Decisions of the international jury will be final as provided in RRS 70.5. If Appendix N1.4(b) applies, the time limit for request for a full panel hearing by a full international jury is 15 minutes after the parties have been informed of the decision.





17. SCORING

- **17.1** Race scores SI 17.1.1 and 17.1.2 apply only when boats sail in separate fleets. Instruction 17.1.2 applies only to the qualifying series:
- **17.1.1** RRS A5.2 is changed so that the scores are based on the number of boats assigned to the largest fleet.
- **17.1.2** If at the end of the last day of races some boats have more race scores than others, scores for the most recent races will be excluded so that all boats have the same number of race scores.
- 17.2 Three races are required to be completed to constitute a valid regatta.
- **17.3** When fewer than four races have been completed, a boat's series score will be the total of her race scores.
- **17.4** When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- **17.5** To request correction of an alleged error in the posted races or series results, a boat shall complete a scoring enquiry form available at the race office.
- **17.6** Once the final series has begun, rank will be then gold, silver, etc. However, a boat that is scored DNE in all races shall be ranked as last in overall.

18. [NP] SAFETY REGULATIONS

- **18.1.** [NP] [DP] A boat retiring from a race shall notify a race committee or safety boat before leaving the course and shall complete the relevant form available at the Race Office within protest time limit.
- **18.2.** Each day of competition the coaches or team leaders shall notify the race office before D flag is displayed, of the boats not intending to race that day.
- **18.3.** When code flag B is displayed ashore, each coach or team leader shall sign a checklist adjacent to the race office within 60 minutes after the flag has been displayed, to indicate that all team members have returned to shore. Flag B will be displayed when the last boat has finished the last race of the day or the race is abandoned. All team members will be penalised at the discretion of the jury for each race of the day on which the coach or team leader failed to comply with this SI. This changes RRS 63.1.
- **18.4.** [SP] Check-Out and Check-In Procedures: The requirements of this SI are specified for the safety of the competitors.
- **18.4.1** Check -Out and Check-In lists will be located in front of the race office.
- **18.4.2** The team leader or coach of each country/club shall individually Check-Out each competitor on their team, each day before racing, beginning two hours before the scheduled first warning for the day, by signing beside their own name in the space provided on the required form and marking X beside the name of each competitor on their team that will be leaving the venue to race.





- **18.4.3** The team leader of each county/club shall individually Check-In each competitor on their team each day after racing immediately upon returning to shore, but no later than the protest time limit, by personally signing beside their own name in the space provided on the required form and making x beside the name of each competitor on their team that have returned to the venue after racing.
- **18.4.4** A standard penalty of 1 point in the first race of the day shall be imposed by the race committee without a hearing on competitors for failure to comply with SI18.4.2.
- **18.4.5** A standard penalty of 1 point in the last race of the day shall be imposed by the race
- committee without a hearing on competitors for failure to comply with SI 18.4.3.
- **18.5** Competitors who require assistance should blow a whistle or wave the paddle or one arm. The race committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes RRS 62.1(a).
- **18.6** When the race committee displays flag V with repetitive sound signals and/ or broadcasts "Code Flag Victor" on the designated VHF Channel 71, all officials and support boats shall comply with the instructions given by the race committee or the organizing authority as assistance / rescue boats.

19. [DP] REPLACEMENT OF EQUIPMENT

- **19.1** Substitution of damaged or lost equipment will not be allowed unless approved in writing by the technical committee. Requests for substitution shall be made to the technical committee at the first reasonable opportunity.
- **19.2** Substitution of damaged equipment may be permitted provided that the relevant form has been completed at the race office and both the damaged and the substituting equipment has been inspected by the technical committee.
- **19.3** If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the technical committee after the end of the day's racing. The substitution is subject to the approval of the technical committee given retrospectively.

20. [NP] [SP] EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the Class Rules, the Notice of Race or the Sailing Instructions.





21. OFFICIAL BOATS

Official boats will be identified as follows:

BOAT FLAG

Race committee boats Yellow flag with black 'RC' letters Start Pin End boat Yellow flag with black 'RC' letter Jury Boats White flag with black 'J' letter Mark Layer/Rescue Boats Yellow flag with black 'RC' letter Support Boats White sticker with blue numbers

22. SUPPORT BOATS

- **22.1** [NP] Team Leaders, Coaches and other support personnel shall stay outside areas where boats are or will be racing from the time the orange flag is displayed until all boats of all fleets in that race have finished or the race committee signals a postponement or abandonment. To observe a race, support boats may move from leeward to windward through the port side of the course keeping well clear of the exclusion boundary, approximately 100 meters from the course area. Support boats may, after the last start of a race, move between the waiting and the finishing areas through the centre channel (see drawing in Attachment 2). When a race committee or jury member indicates a support boat to move further from the course area, the mentioned boat shall do so immediately.
- **22.2** All boats associated with an infringing support boat may be penalised at the discretion of the jury for the race in which the support personnel failed to comply with Notice of Race and/or with this SI. This changes RRS 64.5(b).
- **22.3** [NP] [DP] Competitors shall not approach any boat other than an official boat (see SI 21) from their first warning signal of the day until they finish their last race for the day or the race committee signals no more racing today, whichever is later.
- **22.4** Coaches are encouraged to carry a working VHF radio and monitor VHF Channel 71.
- **22.5** When flag V is displayed with repetitive sounds, coaches and other support boats shall monitor the race committee VHF channel 71 and assist in search & rescue operations.
- **22.6** Numerical stickers must be visible on the supports boats.

23. TRASH DISPOSAL

Trash may be placed aboard support and race committee boats.

24. [NP] [DP] BERTHING

Boats shall be kept in their assigned places in the boat park.

25.PRIZES

25.1. Prizes will be awarded in accordance with the Notice of Race.





26. RISK STATEMENT

- **26.1.** Competitors and support team participate in the regatta entirely at their own risk and responsibility and they are reminded of the provisions of RRS 3, Decision to Race. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agree and acknowledge that:
- **26.1.1.** They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- **26.1.2.** They are responsible for the safety of themselves and their boat, and their other property whether afloat or ashore.
- **26.1.3.** They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- **26.1.4.** Their boat is in good order, equipped to sail in the event, and they are fit to participate;
- **26.1.5.** The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- **26.1.6.** The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

27. RIGHT TO USE NAMES AND LIKENESS

In participating in this championship, a competitor automatically grants to the organizing authority, sponsors of the championship the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him or her during the championship, and of all of his or her material related to the championship, without compensation.

28. (NP) INSURANCE

The purchase of third party event insurance is strongly recommended.





RACE AREA-ATTACHMENT A



RACE COURSE-ATTACHMENT B

